

Derby GP Specialty Training Programme

HALF DAY RELEASE TEACHING

Your Year Group Team Behaviour

Rules/Expectations

1. **TURN UP on time leave on time.** Let the office know why you are not at your half day release teaching session via email (usually Kath) Kathryn.cross1@nhs.net or dhft.gptraining@nhs.net
2. **PREPARE – it's only fair!**
3. **COMMUNICATE** with year group GP facilitators, Consultant resources well in advance.
4. **TURN OFF YOUR PHONE AND ONLY GET IT OUT FOR EMERGENCIES or IF YOU REALLY NEED TO LOOK SOMETHING UP TO SHARE WITH THE CLASS.**
5. **BRING YOUR POSITIVE LEARNING ATTITUDE – ENTHUSIAM (like noro) IS INFECTIOUS**
6. **CONTRIBUTE** but only **ONE PERSON SHOULD BE TALKING AT A TIME NORMALLY**
7. **RESPECT** (not necessarily agree with) **OTHERS' OPINIONS**
8. **CONFIDENTIALITY** its not just for Las Vegas
9. **BANTER AND HUMOUR ARE USUALLY GOOD THINGS – LIFE'S TOO SHORT TO BE UBER SERIOUS** (unless you have a weak pelvic floor)
10. **IF YOU ARE FALLING ASLEEP GO AND DOWSE YOURSELF IN COLD WATER AND RETURN ASAP**
11. **BRING CAKE** or other healthy snacks if you wish but remember your body like mine is a temple
12. **PLEASE DON'T EAT SMELLY / NOISY SNACKS IN THE SESSION**
13. **DO THE ONLINE FEEDBACK IN A CONSTRUCTIVE WAY (OR KATH WILL HASSLE YOUR PD TUTOR AND THEY WILL PASS IT ON TO THE YEAR GROUP!)**

PLEASE REMEMBER YOU HAVE SIGNED UP TO THESE IT WILL BE GREAT IF YOU CAN ALL RESPECT THEM THANKS

Programme Directors: Dr Stuart Holloway, Dr Sarah Milner & Dr Anna Frain